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_	n	<u> </u>	,	•		,			
	Total of Time of Each	1320	09	50	10	7500	350	1790	••
	Total of Time of Each Total of Time of Each	1320	0 0 0 0 0 0	10 20 10	10	Total of Number of Steps (Steps)	Total of Consumption of Energy (Kcal)	Sum Consumption of Energy (Kcal)	•
24:00	·	Resting State			0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
10:20			Walking State	-		20	20		
10:00 10:10 10:20			Walking Walking Walking State State State			50	20		• •
10:00			Walking State			50	20		
0:10		Resting State	:	:					
00:0	-	Resting State							••
March 1	State of Activity	Resting State	Walking State	Rapid Walking State	Running State	steps (Steps)	sumption Expended (Kcal)		
Input Time March 1	Intensity of State of Activity	Grade 0	Grade 1 Grade 2 Grade 3 Grade 4			Number of Steps (St	Energy Consumption by Exercise Expended (Kcal)		• •

FIG. 3

Subject ID	Time of Examination	February 16	March 1	March 15
000		10:30	13:00	11:00
•	Height (cm)	165.5	165.5	165.5
	Weight (kg)	70	68	67
	Blood Glucose Value	• • •	***	
	Blood Pressure	130/70	125/65	122/62
	·]		
				:

FIG. 4

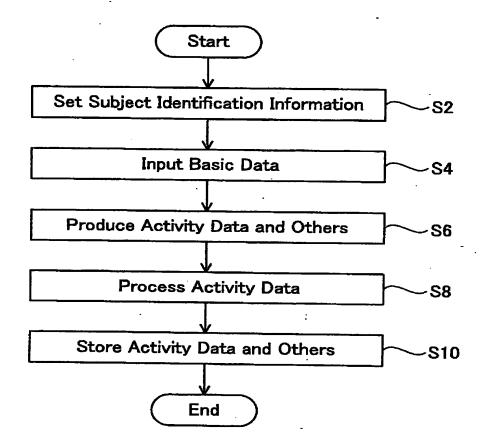


FIG. 5

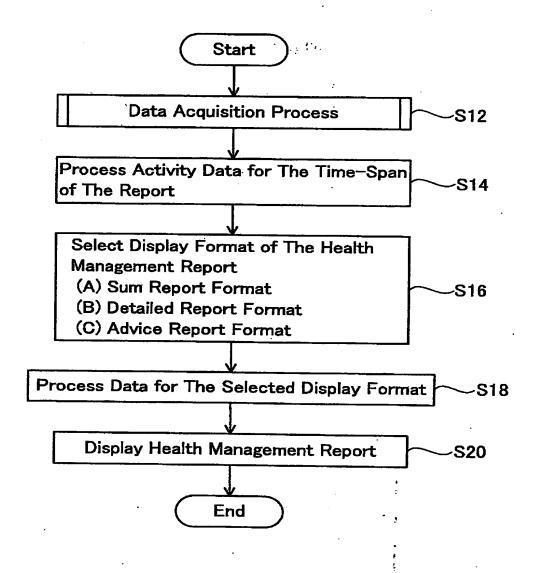
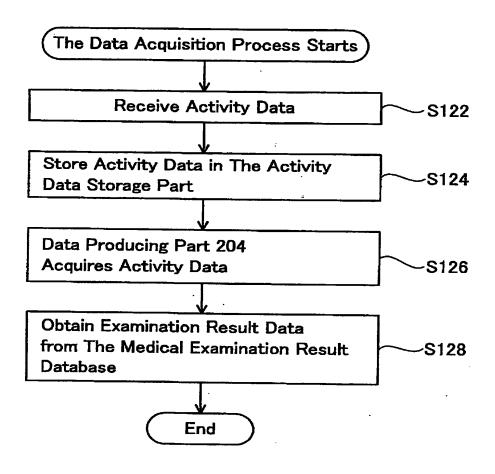
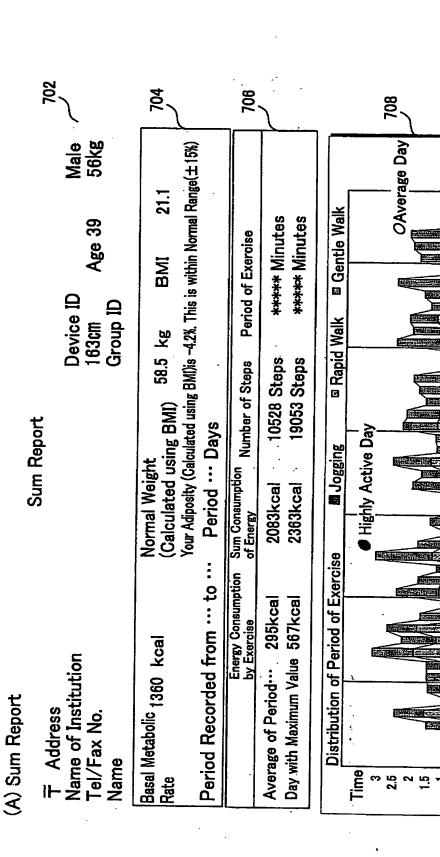


FIG. 6



Date

FIG. 7A



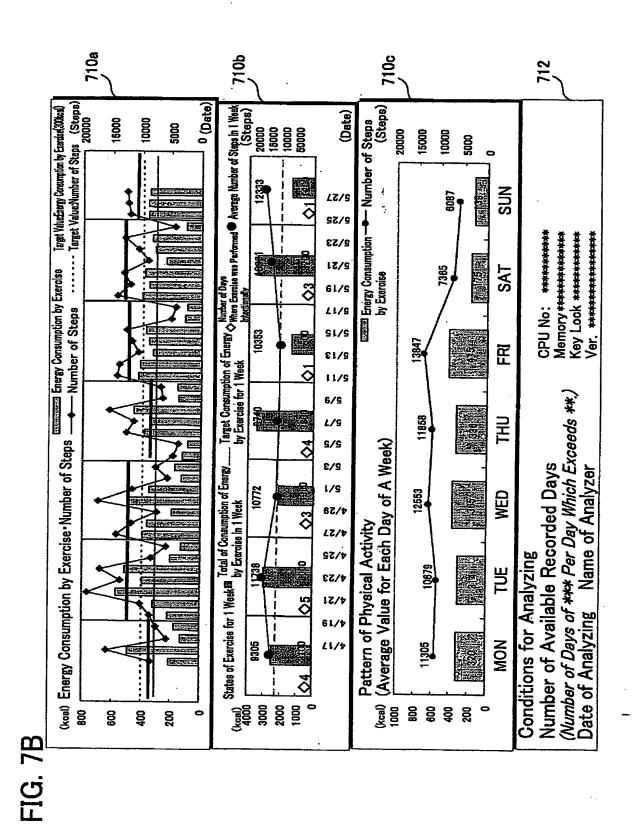
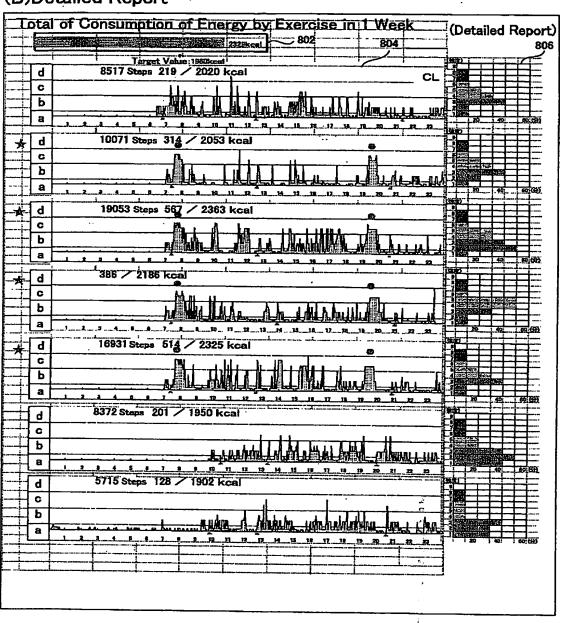


FIG. 8
(B)Detailed Report



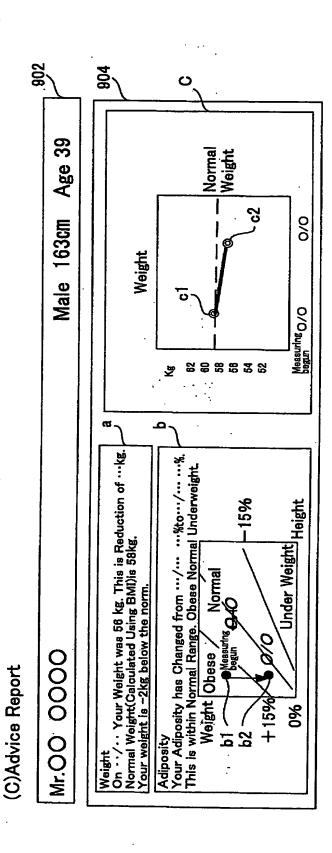
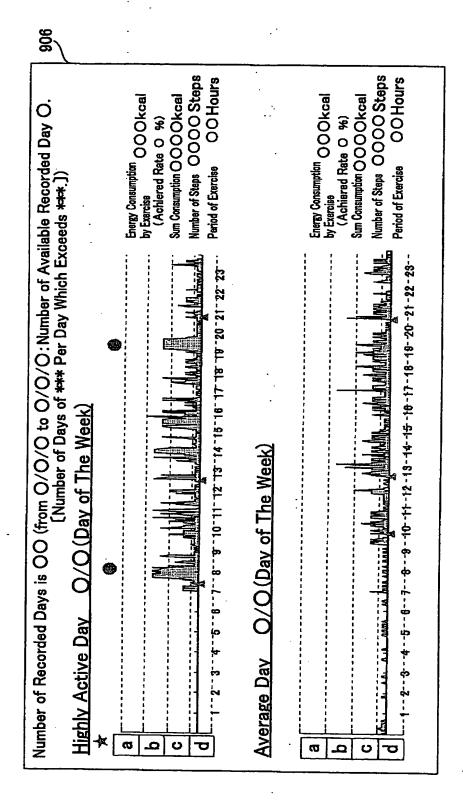
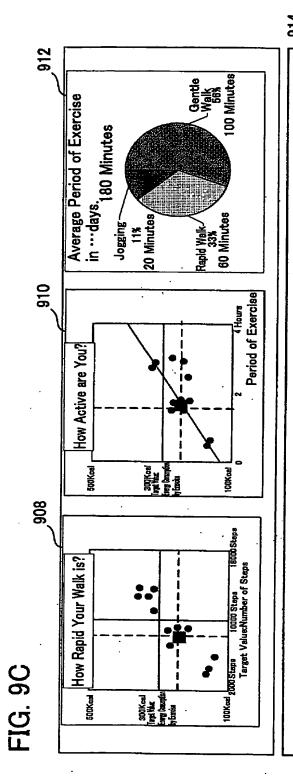


FIG. 9A

FIG. 9B





On The Highly Active Day,Month/Day(Day of Week),Energy Consumption by Exercise was ···Kcal, Total Calories Expended were ····Kcal, Number of Steps was ····Steps, Remarks

Period of Activity was ... Minutes.

An Average Day within The Period …was Month/Day(Day of Week).

Total of Consumption of Energy by Exercise was ··· Kcal,

Total Calories Expended were ... Kcal, Number of Steps was... Steps, Period of Activity was ... Minutes.

(Remarks Produced from Graph Data for the Number of Steps and Energy Consumption by Exercise Per Day.) Target Values will Begin as a 10% Increase Over The Current Consumption of Energy by Exercise. ···Kcal of Exercise is Required to Increase The Calories Expended by 10%.

Rapid Walking(100–130m/min)for …Minutes is Required to Expend …Kcal.

FIG. 10

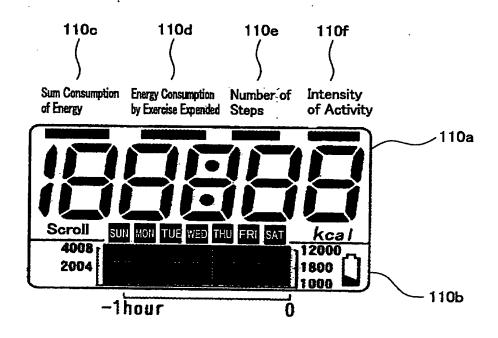


FIG. 11

